PRIYANEET KAINTH she/her/hers

Inclusion.
Disability.
Done with Intention



Inclusion & Disability Consultant,
Speaker, Trainer & Coach
Associate Certified Coach (ACC), ICF
International Coaching Federation · 900+ coaching hours

Practical, personal and purposeful.

Speaking · Consulting · Training · Coaching

I help organisations build more confident, inclusive cultures through speaking, consulting, training and coaching. My work spans diversity, equity and inclusion, with a particular focus on disability, leadership and belonging. I also coach individuals navigating confidence, identity and change.

I live with Charcot-Marie-Tooth Disease Type 4C, an invisible degenerative disability. I know what it feels like to be judged, questioned and underestimated, and how much it matters to feel seen, heard and understood.

Experience in practice. As an Agile Coach, I delivered training and helped teams develop their ways of working. I set up and led communities of practice and developed a global framework for shared learning. At Haleon, I co-created and led the inclusion strategy for 25,000+ employees, launched a global Employee Resource Group (ERG) framework and coached leaders across four global networks.

I bring over a decade of corporate experience, former SEN college trusteeship and over 10 years volunteering with Muscular Dystrophy UK. Identity, culture and background shape how we experience inclusion. This intersectional understanding informs my work.

Why work with me? I understand inclusion personally and have put it into practice in global organisations. I bring lived experience, inclusion strategy, Agile coaching and accredited coaching together to help people feel heard, build confidence and turn ideas into everyday action.

> “I am so impressed with Priyaneet’s knowledge, her empathy and her understanding of both people with disabilities and of disability inclusive workplaces…”
>
> Dr. Rohini Anand · Senior Belonging and Impact Advisor
> Former Global Chief Inclusion and Belonging Officer, Sodexo · Excerpt

How I can help

Practical support shaped around your people, priorities and goals.

Keynotes & public speaking

Personal stories and practical insight on disability, identity, culture, confidence, leadership, wellbeing and entrepreneurship. Talks and panels help audiences question assumptions and identify actions. Panel experience includes Under One Festival and Asian Voice at the House of Commons.

Disability inclusion training

Standalone 60- or 90-minute sessions or a tailored series package. Explore disability, language, allyship, identity, leadership and employment. Practise conversations, plan action and review learning.

DEI consulting & accessibility

I work with you on diversity, equity and inclusion strategy, leadership and practical action plans. Review recruitment and progression barriers, alongside accessibility audits, and agree responsibilities and measures of progress.

Leadership & reverse mentoring

I help leaders listen, learn and put inclusion into practice through workshops and coaching. I also help set up reverse mentoring programmes, from aims and matching to preparation and reflection, so employee experiences inform change.

Networks & communities

I help you build ERGs and communities of practice with clear purpose, supportive leadership and practical structures. Bring people together to share learning and turn employee experiences into action, locally or globally.

Disability data & measurement

Support voluntary self-identification (self-ID) projects, employee trust and communications. Develop meaningful inclusion measures and action plans; prepare for proposed disability pay-gap reporting alongside HR, analytics and legal specialists.

Coaching & mentoring

Space to feel heard, recognise your strengths and explore what comes next. I offer 1:1 and group coaching and mentoring around confidence, identity, disability, leadership and change, independently or through your employer.

Bespoke training and consultancy, in person or remotely, across the UK and internationally.

The value I bring to you

Could workplace barriers be costing you talent?

Around **53% of disabled people** of working age are in employment, compared with **83% of non-disabled people**.

Source: DWP, April to June 2025. UK, ages 16 to 64. Figures rounded.

I help organisations identify and remove workplace barriers so disabled people can join, stay and progress at work.

Organisations & charities

Identify access barriers and prioritise practical changes, helping people access your services and contribute at work.

People, HR & Inclusion teams

Connect Equality Act awareness, adjustments and voluntary self-ID with measurable inclusion action and preparation for proposed reporting.

Leaders & teams

Build confidence in disability conversations and adjustments. Learn through reverse mentoring and develop inclusive team behaviours.

Employee networks

Give networks clear purpose and structure. Develop leaders and turn employee experiences into practical action.

Education

Build confidence in disability, allyship and self-advocacy. Help staff and students explore support needs and employment.

Individuals & in-company clients

Recognise your strengths, clarify what matters and navigate work, health or life changes through coaching or mentoring.

> “She is a pleasure to work with: she listens carefully, takes on feedback, and adapts seamlessly, even at short notice. She delivered a fantastic, highly personalised away day, and the feedback was overwhelmingly positive.”
>
> Millicent Nwadiaro · Head of People & Culture, Muscular Dystrophy UK
> Testimonial excerpt

Let’s start a conversation

Start with a talk, a workshop or a conversation about your needs.

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Follow me on LinkedIn for more of my work, reflections and updates.